



Upper Missouri District Health Unit

“Your Public Health Professionals”

DIVIDE COUNTY

Divide Co. Courthouse
P.O. Box 69
Crosby, ND 58730
Phone 701-965-6813
Fax 701-965-6814

MCKENZIE COUNTY

P.O. Box 1066
201 5th St. NW Suite 1100
Watford City, ND 58854
Phone 701-444-3449
Fax 701-842-6985

MOUNTRAIL COUNTY

Memorial Building
P.O. Box 925
Stanley, ND 58784
Phone 701-628-2951
Fax 701-628-1294

WILLIAMS COUNTY

110 W. Bdwy, Ste 101
Williston, ND 58801-6032
Phone 701-774-6400
Fax 701-577- 8536
Toll Free 1-877-572-3763

November 2021

Dear Parent/Guardian:

Upper Missouri District Health Unit is happy to be able to provide an **Influenza vaccination** clinic at your child’s school this year on Tuesday, Nov. 30th. We encourage all children to get vaccinated against influenza this year!

Influenza (“flu”) is a contagious disease that can be spread by coughing, sneezing, and close contact. Your child is likely to be exposed to this every day in school! Influenza is a respiratory disease characterized by fever/chills, sore throat, muscle aches, fatigue, cough, headache, or runny/stuffy nose. It can lead to pneumonia, diarrhea, and seizures in some people. Influenza is NOT the same thing as the “stomach flu” or gastritis, which causes nausea and vomiting.

Payment is determined by the following conditions:

***Blue Cross/Blue Shield, Sanford Health, United Health Care, Meritain, Medica or Aetna:**

Please provide all your policy information and we will bill directly. If payment applies, you will be billed from UMDHU.

***Medicaid:** *We will file with North Dakota Medicaid only. Please provide your Medicaid #.*

***Other Insurance (Any Health Insurance other than the ones listed above):** *Please send a check, cash, or money order for \$55 per flu shot per child with the completed form to the school secretary. We will send the receipt home with your child or mail them. Please file receipt with your insurance company to receive reimbursement.*

***No Insurance:** *Please send a check, cash, or money order for a recommended payment of \$21 per shot per child with the completed form to the school secretary. Checks and money orders can be made out to UMDHU.*

❖ **Please answer the health questionnaire on the back side of the form.**